



copper : Earth Day

conferencing

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Green Tips for Living and Working

Copper Conferencing proactively works on ways to run a greener business. Our employees practice many 'good earth' practices in their daily lives and are constantly thinking up new ways to be greener in the office and at home. Below is a checklist of 'green' things you can do in the office or at home. These suggestions are easy to do, better for the environment, and help you keep green in your pocket.

Buy post consumer products such as copy paper, pencils, paper towels, toilet paper

Reduce printing -- If you must print, use post consumer printer paper

Recycle paper, plastic, glass, aluminum, cardboard – anything your recycling program allows

Telecommute – use web and audio conferencing to reduce travel and carbon emissions

Compost – less in the landfills and nutrients back in the soil.

Take public transportation – get to know your best transportation route to work, the park or local attractions

Drive a fuel-efficient vehicle – better gas mileage equates to burning less fossil fuel

Walk and bike whenever possible – and get your Vitamin D in the process!

Keep your office cooler in the winter and hotter in the summer – just one or two degrees on the thermostat equates to less energy consumption

Unplug – turn off lights, monitors and printers when you leave

For more information on Copper Conferencing's services and telecommuting visit us at www.copperisgreen.com or call 866.903.7521.